

## Mom's Famous Lasagna

1lb hamburger  
12oz tomato paste  
1T brown sugar  
1-1/4 tsp thyme  
½ small jar sliced mushrooms (omit if following low-FODMAP diet)  
29oz tomato sauce (find one that omits garlic and onion powder if following low-FODMAP diet)  
¼ tsp garlic powder (omit if following low-FODMAP diet)  
1-1/2 tsp oregano  
1 bay leaf  
13 lasagna noodles (use gluten free if following low-FODMAP diet)  
1cup cheddar cheese  
4 cups mozzarella cheese

1. Cook noodles according to package directions.
2. Brown hamburger and add all ingredients (except noodles and cheeses). Simmer for 5 minutes.
3. Layer the following ingredients in a 9x13 or 11x13 pan. Put three layers of lasagna noodles, meat sauce, then cheese.
4. Bake at 350 degrees for one hour.

